



Nutrition Facts per 100g

Protein	3.4 g
Carbohydrate	41 g
Fat	15 g
Crude Fiber	3.8 g
Sodium	210 mg
Potassium	579 mg
Magnesium	8 %
Sugar	0.3 g
Vitamin C	7 %
Calories	312 kcal

Description

Crafted from premium potatoes and prepped for your convenience, our frozen **French Fries (10x10mm)** deliver the perfect blend of crispiness and flavor. Enjoy restaurant-quality fries at home in just minutes, making them the ultimate side dish or snack for any occasion.

Delivery Terms

- CFR - MARSEILLE PORT

Pricing

1.520 \$ / kg – GRADE A
1.380 \$ / kg – GRADE AB

Packing

Customizable to your preferences, our product also features private label packaging options upon request.

- 1 x 10 kg
- 4 x 2.5 kg
- 10 x 1 kg
- **20 x 400 gr**

Storage

Keep frozen at -18°C and use within 24 months. DO NOT REFREEZE.





Nutrition Facts per 100g	
Protein	0.8 g
Carbohydrate	8.1 g
Fat	0.6 g
Crude Fiber	1.2 g
Sodium	0.2 mg
Calcium	28 mg
Iron	0.8 mg
Sugar	4.5 g
Vitamin C	0.6 mg
Calories	46.4 kcal

Description

Harvested at their peak ripeness and flash-frozen, our **Strawberries** retain their juicy sweetness and vibrant color. These luscious frozen gems are perfect for smoothies, desserts, and more, bringing a taste of summer to your dishes all year long.

Delivery Terms

- CFR - MARSEILLE PORT

Pricing

- 1.250 \$ / kg (uncalibrated)
- 1.315 \$ / kg (25-35mm calibrated)
- 1.375 \$ / kg (15-25mm calibrated)

Packing

Customizable to your preferences, our product also features private label packaging options upon request.

- 1 x 10 kg
- 4 x 2.5 kg
- 10 x 1 kg
- **20 x 400 gr**

Storage

Keep frozen at -18°C and use within 24 months. DO NOT REFREEZE.





Nutrition Facts per 100g	
Protein	6.6 g
Carbohydrate	31.61 g
Fat	0.44 g
Crude Fiber	2.22 g
Sodium	432.6 mg
Calcium	24 mg
Iron	1.26 mg
Sugar	2.86 g
Vitamin C	4.83 mg
Calories	84.8 kcal

Description

Sourced from the freshest harvest and quickly frozen, our **Green Beans** retain their exceptional taste and nutrients. Add a burst of color and wholesome goodness to your meals with these easy-to-prepare, frozen green beans anytime throughout the year.

Delivery Terms

- CFR - MARSEILLE PORT

Pricing

- 1.080 \$ / kg (cut)
- 1.180 \$ / kg (whole)

Packing

Customizable to your preferences, our product also features private label packaging options upon request.

- 1 x 10 kg
- 4 x 2.5 kg
- 10 x 1 kg
- **20 x 400 gr**

Storage

Keep frozen at -18°C and use within 24 months. DO NOT REFREEZE.





Nutrition Facts per 100g	
Protein	1.29 g
Carbohydrate	2.46 g
Fat	0.04 g
Crude Fiber	0.32 g
Sodium	12.3 mg
Calcium	90.31 mg
Iron	2.54 mg
Sugar	0.8 g
Vitamin C	1.44 mg
Calories	15.36 kcal

Description

Quick frozen **Broccoli** is the product prepared from fresh clean sound stalks or shoots of the Broccoli plant, which have been sorted trimmed washed and sufficiently blanched to ensure adequate stability of color and flavour during marketing cycles.

Delivery Terms

- CFR - MARSEILLE PORT

Pricing

1.260 \$ / kg

Packing

Customizable to your preferences, our product also features private label packaging options upon request.

- 1 x 10 kg
- 4 x 2.5 kg
- 10 x 1 kg
- **20 x 400 gr**

Storage

Keep frozen at -18°C and use within 24 months. DO NOT REFREEZE.





Nutrition Facts per 100g

Protein	5.3 g
Carbohydrate	17 g
Fat	0.03 g
Crude Fiber	5.2 g
Sodium	7 mg
Calcium	21 mg
Iron	0.7 mg
Sugar	1.5 g
Vitamin C	0.7 mg
Calories	89 kcal

Description

Our frozen **Cauliflower** is carefully selected and flash-frozen at its peak of freshness, ensuring a consistently great taste and quality in every bite. Convenient and nutritious, it's perfect for quick and healthy meals any time of the year.

Packing

Customizable to your preferences, our product also features private label packaging options upon request.

- 1 x 10 kg
- 4 x 2.5 kg
- 10 x 1 kg
- **20 x 400 gr**

Delivery Terms

- CIF
- FOB
- EXW

Storage

Keep frozen at -18°C and use within 24 months. DO NOT REFREEZE.

Pricing

AVAILABLE SOON





Nutrition Facts per 100g	
Protein	5 g
Carbohydrate	11.875 g
Fat	0 g
Crude Fiber	0 g
Sodium	0 mg
Calcium	18.75 mg
Iron	18.875 mg
Sugar	3.5 g
Vitamin C	13.125 mg
Calories	68.75 kcal

Description

Our premium frozen **Green Peas** are carefully selected and picked at their freshest, then immediately flash-frozen to preserve their natural sweetness and nutrients. These versatile, bright green peas are perfect for quick and easy meal preparations, from soups and stews to salads and side dishes.

Packing

Customizable to your preferences, our product also features private label packaging options upon request.

- 1 x 10 kg
 - 4 x 2.5 kg
- 10 x 1 kg
 - **20 x 400 gr**

Delivery Terms

- CFR - MARSEILLE PORT

Storage

Keep frozen at -18°C and use within 24 months. DO NOT REFREEZE.

Pricing

1.990 \$ / kg





Nutrition Facts per 100g	
Protein	5 g
Carbohydrate	11.875 g
Fat	0 g
Crude Fiber	0 g
Sodium	0 mg
Calcium	18.75 mg
Iron	18.875 mg
Sugar	3.5 g
Vitamin C	13.125 mg
Calories	68.75 kcal

Description

Our frozen **Mixed Vegetables** combine 50% carrots, 30% green beans, and 20% peas, expertly picked and immediately frozen to preserve their flavor and nutrients. This versatile blend is perfect for a variety of dishes, adding color, texture, and nutrition.

Packing

Customizable to your preferences, our product also features private label packaging options upon request.

- 1 x 10 kg
 - 4 x 2.5 kg
- 10 x 1 kg
 - **20 x 400 gr**

Delivery Terms

- CFR - MARSEILLE PORT

Storage

Keep frozen at -18°C and use within 24 months. DO NOT REFREEZE.

Pricing

1.090 \$ / kg





Nutrition Facts per 100g	
Protein	1.0 g
Carbohydrate	6.3 g
Fat	0.3 g
Crude Fiber	2.3 g
Calcium	1% of the DV
Iron	2% of the DV
Sugar	4 g
Vitamin C	127% of the DV
Calories	31 kcal

Description

Diced frozen **Red Pepper** is a versatile and convenient ingredient that is quick-frozen for preservation. It's rich in vitamins, minerals, fiber, and antioxidants, making it a healthy addition to a variety of dishes. Use it in stir-fries, omelets, salads, soups, and stews for added flavor and texture.

Delivery Terms

- CFR - MARSEILLE PORT

Pricing

2.620 \$ / kg

Packing

Customizable to your preferences, our product also features private label packaging options upon request.

- 1 x 10 kg
- 4 x 2.5 kg
- 10 x 1 kg
- **20 x 400 gr**

Storage

Keep frozen at -18°C and use within 24 months. DO NOT REFREEZE.





Nutrition Facts per 100g	
Protein	1.2 g
Carbohydrate	10 g
Fat	0.1 g
Crude Fiber	1.4 g
Calcium	1% of the DV
Iron	1% of the DV
Sugar	4.2 g
Vitamin C	8% of the DV
Calories	43 kcal

Description

Frozen **Onion** dices are small pieces of fresh onion that have been chopped and frozen for convenience. They add flavor and texture to a variety of dishes, including soups, stews, and casseroles. Onions are also a good source of vitamins and minerals, particularly vitamin C and potassium, which are essential for good health.

Delivery Terms

- CFR - MARSEILLE PORT

Pricing

1.310 \$ / kg

Packing

Customizable to your preferences, our product also features private label packaging options upon request.

- 1 x 10 kg
- 4 x 2.5 kg
- 10 x 1 kg
- **20 x 400 gr**

Storage

Keep frozen at -18°C and use within 24 months. DO NOT REFREEZE.





Nutrition Facts per 100g	
Protein	5.7 g
Carbohydrate	12.5 g
Fat	0.6 g
Crude Fiber	5.5 g
Magnesium	8% of the DV
Iron	5% of the DV
Sugar	1.6 g
Vitamin C	9% of the DV
Calories	71 kcal

Description

Frozen **Broad Beans**, or fava beans, are a versatile ingredient packed with plant-based protein, fiber, vitamins, and minerals. They are picked at their freshest, blanched, and then frozen to preserve their nutritional value and flavor. Use them in soups, salads, stews, and dips for a healthy and convenient meal option.

Delivery Terms

- CFR - MARSEILLE PORT

Pricing

1.685 \$ / kg

Packing

Customizable to your preferences, our product also features private label packaging options upon request.

- 1 x 10 kg
- 4 x 2.5 kg
- 10 x 1 kg
- **20 x 400 gr**

Storage

Keep frozen at -18°C and use within 24 months. DO NOT REFREEZE.





Nutrition Facts per 100g

Protein	2.03 g
Carbohydrate	6.41 g
Fat	0.05 g
Calcium	37.04 mg
Iron	0.903 mg
Vitamin C	3.26 mg
Calories	42.42 kcal

Description

Frozen **Artichokes** are artichoke hearts that are picked at peak freshness, blanched and frozen for preservation. They have a distinct flavor and nutty sweetness, and are versatile for use in salads, dips, pastas, and casseroles. They are slightly firmer in texture than fresh artichokes, but remain a convenient option for saving time in the kitchen while still enjoying the benefits of a nutritious vegetable.

Delivery Terms

- CFR - MARSEILLE PORT

Pricing

3.120 \$ / kg

Packing

Customizable to your preferences, our product also features private label packaging options upon request.

- 1 x 10 kg
- 4 x 2.5 kg
- 10 x 1 kg
- **20 x 400 gr**

Storage

Keep frozen at -18°C and use within 24 months. DO NOT REFREEZE.

